

Name: \_\_\_\_\_



## February Challenge Recording Sheet



February is Dental Health Month.

The challenge is for the children to brush their teeth twice per day and floss once. Mark the appropriate box as you help your child complete the challenge each day.

	1	2	3	4	5	6	7
Brush							
Brush							
Floss							

	8	9	10	11	12	13	14
Brush							
Brush							
Floss							

	15	16	17	18	19	20	21
Brush							
Brush							
Floss							

	22	23	24	25	26	27	28
Brush							
Brush							
Floss							